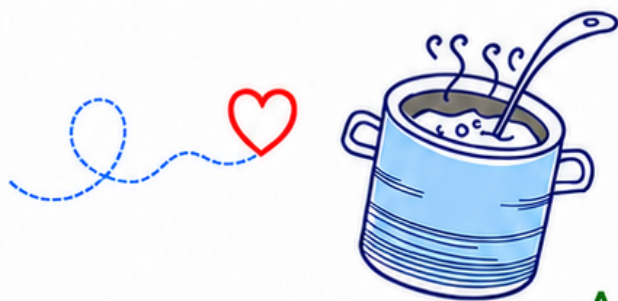




TONI'S KITCHEN

A ministry of St. Luke's Church

GROUP SERVICE PROJECT:

Gather, Pack, Give



Gather your group, purchase essential kitchen staples, and pack nutritious grocery bags to help ensure that our neighbors have reliable access to food.



Groups in Action



Your organization or group can provide bags of nutritious food to nourish families, seniors, and children in our community.



REGISTER YOUR EVENT

We'd love to support your project and celebrate your impact. Please **fill out our form** to share your efforts. Toni's Kitchen can arrange to speak to your group about strengthening our community through food, as well as provide grocery bags or string bags for your project.

For your convenience, groceries can be ordered through our **Amazon Wish List**.



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HOW TO BUILD A FAMILY PANTRY BAG

Help provide a variety of nutritious groceries for our neighbors

Take one item (or set) from each category

BREAKFAST

Choose one:

- 1 box cereal OR
- 1 box pancake mix, oats, or farina



PASTA & SAUCE OR RICE & BEANS

Choose one:

- 1 bag rice and 1 can beans OR
- 1 box pasta and 1 can sauce



PROTEIN

Choose one:

- 1 jar peanut butter OR
- 1 can tuna OR
- 1 can chicken



FRUIT

Choose one:

- 1 can fruit OR Applesauce



VEGETABLES

Choose:

- 1 can vegetables



SOUP OR PREPARED MEAL

Choose one:

- 1 can soup OR
- 1 box mac & cheese OR
- 1 can chili



SNACK

Choose one or more:

Individually wrapped snacks with nutrition information on the label, such as granola bars, bags of pretzels, etc.



HOW TO BUILD A STUDENT STRING BAG

These bags are shared through local schools to help children have nourishing food on hand for evenings, weekends, school breaks, and vacations

Take one item (or set) from each category

CEREAL / OATMEAL

- 1 box cereal OR
- 3-4 packs instant oatmeal



MAC & CHEESE

- 1 box mac & cheese OR a small box of pasta



RAISINS / DRIED FRUIT

- 2-3 boxes raisins OR other dried fruit



IMPORTANT

- ✓ Please do not include nuts or products containing nuts



TONI'S KITCHEN ADDS FRESH FRUIT

After your group packs the bags, Toni's Kitchen will add fresh fruit before distribution so students receive both shelf-stable items and fresh produce.



Once you've completed your project, please reach out to hello@toniskitchen.org to coordinate a delivery time.